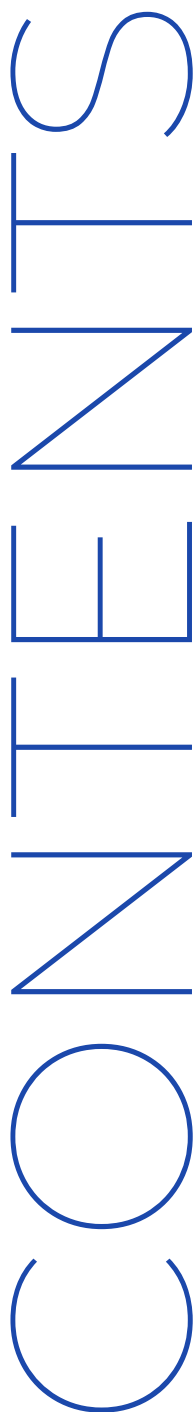




YEARBOOK 2023

Table of Contents



02 - 04

President Report

05 - 06

Secretary Report

07 - 08

Treasurer Report

09 - 12

NBSR Report

13 - 14

Education Report

15 - 16

IHP Report

17

EDI Report

18 - 20

Trainee Report

21 - 22

Research Report

23

Patient Safety Committee Report

24

Acknowledgements

PRESIDENT REPORT

Vinod Menon

It has been an absolute delight and privilege to have led BOMSS as your President over the last two years. BOMSS have evolved in to a vibrant, cohesive, multi-disciplinary professional society over the last few years, our membership numbers are growing and cover every bariatric unit across the United Kingdom and the Republic of Ireland.

The pressures seen across the NHS in terms of increasing numbers on waiting lists, longer waiting times, unrest amongst junior doctors, trainees, nurses, paramedics and ambulance staff have hogged the headlines and justifiably so. Innovative solutions to get through the bariatric waiting lists nationally require a concerted effort from all involved with full support from BOMSS.

Dr Gerard Prager (President Elect IFSO 2023) has very kindly agreed to join us in Birmingham, he will also be delivering the inaugural 'Alberic Fiennes' Memorial Lecture'. We were so fortunate to have Alberic join us in Brighton, whilst fighting a protracted illness. As the 2nd President of BOMSS, a number of us have had close working relationships with Alberic, an absolute gentleman, who furthered the cause of bariatric surgery during very difficult times and stimulated colleagues to contribute to the growth of BOMSS and other various professional activities. May his soul rest in eternal peace.



PRESIDENT REPORT

The relationship with Obesity Surgery Society of India (OSSI) has grown stronger. Jim Byrne, Dimitri Pournaras, Chetan Parmar and I have just returned from attending its annual meeting in Mumbai, a scientific feast twinned with warm hospitality. We were privileged to examine at their FMBS examination. Short-term mutual fellowships have been conceived between the 2 societies, further details to be announced at our forthcoming ASM in Birmingham. We look forward to welcoming our OSSI colleagues to the meeting.

The BOMSS website has several new features, this is constantly evolving, we have a number of guidance documents as well as the BOMSS statement on 'Bariatric Tourism'. We have also developed a joint guidance with BAAPS (British Association of Aesthetic Plastic Surgeons) combining the implications for patients having bariatric and aesthetic surgery outside of the UK. This can be found on the website.

Our work with the National Obesity Audit has also progressed over the last 9 months including quarterly dashboards. NBSR, quite rightly called the 'jewel on our crown', now has almost 90,000 patient records and it is heartening to see a much higher number of operations carried out in the private sector being entered on to the registry. In due course we hope to have real-time meaningful data on pharmacotherapy for obesity and diabetes, which no doubt is a vital additional tool in our armamentarium.

BOMSS monthly webinars and journal clubs continue to be very popular and rich in educational content. Specialist training programmes across multi-professional groups, creation of patient-facing information leaflets, videos, and the development of hands-on training courses have been other highlights. We continue to support and endorse IBC, LIBSS and other valuable scientific meetings in addition to working closely with Obesity Health Alliance (OHA), the Association for the Study of Obesity (ASO) and British Dietetic Association (BDA).

Our relationship with industry is very unique, with corporate partners joining council meetings for the non-restricted part of the agenda. Our partners are fully briefed about the various activities the society undertakes, incorporating their valuable input too.

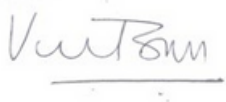
The negotiations with AUGIS are at a final stage with the deed of transfer going through due diligence. We continue to have reciprocal representation on ALSGBI council, whereby both societies learn from one another and collaborate.

Our forthcoming ASM in Birmingham promises to be exciting, being a central location with good travel connectivity, we are expecting over 350 delegates. Our industry exhibition is sold out, I would urge delegates to visit the stands and engage with them. I am grateful to Mr Martin Wadley, Dr Emma Shuttlewood and colleagues for helping shape up an amazing Training Day programme, catering to all professional groups. Mr Chetan Parmar and team have laid on a scientific feast for the following two days. We will have several international speakers and a number of national figures including Prof Jonathan Valabhji, National Clinical Director for Obesity Care speaking at the inaugural session.

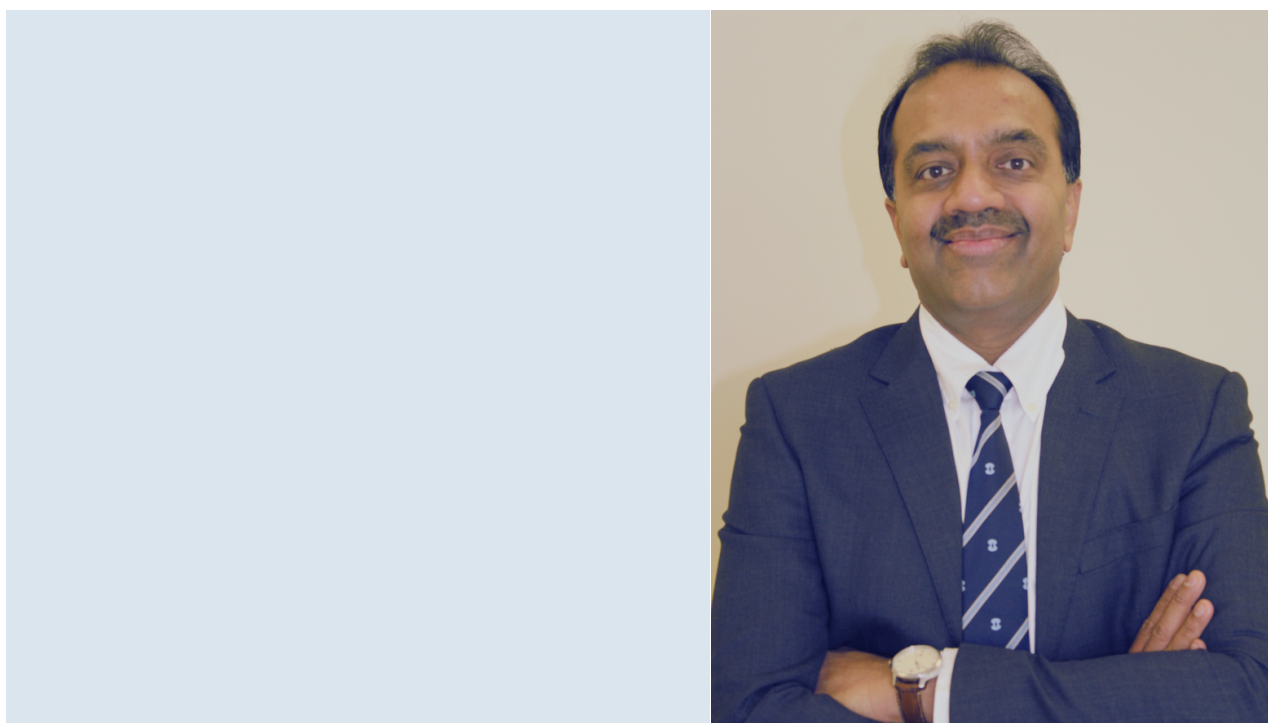
PRESIDENT REPORT

I remain enormously grateful to Jim Byrne, Ahmed Ahmed and Kamal Mahawar, my executive colleagues on BOMSS Council for their time, patience and wise counsel in responding to my sometimes persistent enquiries and demands! As a team we have received full support and engagement from BOMSS council and membership in running a responsive and agile society. In addition, huge thanks to Kerri Smith at BOMSS secretariat for all her hard work as well as to other colleagues at EBS for their wholehearted support.

I look forward to seeing each and every one of you in Birmingham in June, the scientific committee have laid on an amazing programme with a fantastic gala dinner and entertainment. It is so nice to be able to meet friends and colleagues and to be able to learn from each other and help create a much better future for the society, members and most importantly for our patients, who we are all privileged to be able to serve.



Vinod Menon
President, BOMSS Council of Management



SECRETARY REPORT

James Byrne

It is a pleasure to report to you, our members, and to welcome you to our Annual Scientific Meeting, held for the first time in Birmingham this year, for which as I write we currently have over 350 registered attendees. It has been an exciting last 12 months for BOMSS building further on the foundations of our charity, although enormously challenging for NHS battling inflation, industrial action and professional unrest. We are some way off (our vision) of equitable access to safe and effective care for people living with severe and complex obesity across the UK. Continuing to engage with NICE, the NHS and collaboration with other external bodies remains essential so that our and our patients voices are heard. We are immensely grateful to you and colleagues on council for all of the support and work that has been done to enable us to grow and thrive as a professional body.

Our charity is thriving with a total membership of 500, including 180 Consultants, 200 IHPs, 74 trainees, 24 affiliates and 21 students. This level of membership reflects the hard work of council and your President Vinod Menon in particular, and is supported by a superb secretariat at EBS, with Kerri Smith our primary point of contact. We also now have a mailing list of over 1,600 contacts spread all around the world indicating our broad reach.

BOMSS is now in its third year as a fully independent charity has been on a very successful journey since registration with the charities commission in November 2020. We have welcomed the following newly elected members to council in the last 12 months: Nick Carter (Website lead), Aya Musbahi (Equality Diversity and Inclusivity lead), and Dee Wainwright (IHP co-chair of patient safety and clinical standards). Kamal Mahawar has stepped up to lead the NBSR since his election and has established several work packages to deliver the complex tasks required of the NBSR chair including, ongoing funding, publication of COP reports, database upgrades and more besides.

As BOMSS has evolved so too has our trustee body, the purpose of which is to provide oversight and support to the function of BOMSS, and carries with it a number of legal and regulatory roles and responsibilities, whilst council is responsible for making the society work. We are delighted that Cynthia Borg, Sherif Awad and Richard Welbourn have now joined our trustee body.

In addition to the NBSR, our ASM and educational activity during the year BOMSS is also engaged in broader activity. We are acutely aware of the risks of bariatric tourism and have issued guidance on our website as well as a joint statement with BAAPS and engagement with media in this difficult matter. We are professional stakeholders for NICE guidance for Obesity management and treatments and have responded to proposals for new and amended changes to management of weight.

SECRETARY REPORT

James Byrne

We look forward to welcoming our OSSI colleagues to Birmingham who are supporting and collaborating in our meeting this year for the second time. I had the pleasure and privilege of attending a truly excellent OSSI congress in Mumbai this March as part of a group representing BOMSS – next year will be February in Kerala.

Finally we are immensely grateful to you our members for your vote of confidence in your society through your membership and subscription. We have clearly iterated our vision, mission and values and will build on these further over the coming 12 months. All council members welcome your thoughts, ideas and suggestions as to how we continue to support you, our clinical specialty and patients so please feel free to pull us to one side in Birmingham or contact us through Kerri at info@bomss.org.



James Byrne
Secretary, BOMSS Council of Management



TREASURER REPORT

Ahmed Ahmed

We continue to enjoy consistently good levels of income through a number of sources including our corporate partnerships programme as well as revenue from membership fees (We currently have total membership of 500 members with subscription rates set to ensure excellent value for money that includes membership of IFSO and access to discounted rates for IFSO) and financially successful scientific meetings over recent years.

We still have substantial funds held by AUGIS and hopefully (following three years of negotiations) we will soon be refunded half of BOMSS funds and all NBSR funds (minus admin costs).

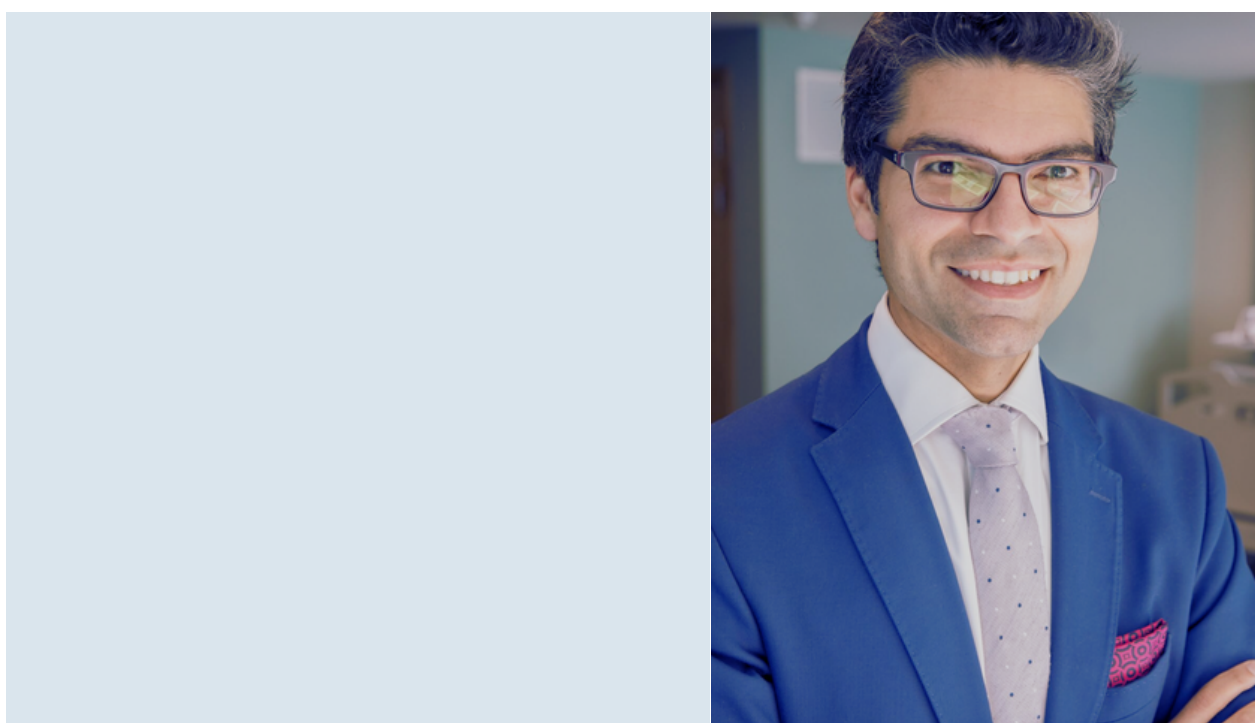
Other income sources include:

National bariatric surgery registry

NBSR is funded by contributions from trusts performing bariatric surgery and part funded by HQIP at the time when consultant level outcomes were published annually on the NHS choice website. These funds are restricted purely for NBSR costs and upgrades and are not used by BOMSS.

Royal College of Surgeons Site specific lead

We previously secured funding of £45K over three years from 2020-2023 and Mr Dimitri Pournaras was appointed to this three year post with the objective of coordinating and encouraging collaboration in bariatric research.



TREASURER REPORT

BOMSS ASM 2023 industry sponsors

I must thank our corporate partners as well as each and every ASM 2023 industry sponsor for their contributions to make this meeting possible. It is therefore imperative for all of us to visit each and every stand during the meeting. Also a big thank you to council colleagues for approaching many different industry sponsors for invitations to contribute to this ASM.

Our ongoing costs include the below.

BOMSS ASM 2023

The June ASM in Birmingham is undoubtedly going to be a success but is also a relatively expensive meeting due to the location / venue costs. It is my job to ensure that our costs are matched by the revenue for this meeting!

BOMSS administration

BOMSS is now administered for the third year by Executive Business Support Ltd (EBS), a professional secretariat who also act for the Vascular Society GB&I and a number of other professional bodies. Working with the extended EBS team has been a pleasure and we now have in place financial systems to collect direct debits, payments for scientific meetings and congress directly. Our new systems provide real time financial reporting to support council and the executive in their activities on your behalf. We have also appointed accountancy firm CBSL who are doing the year end accounts for BOMSS CIO.

BOMSS website

Important updates to the BOMSS website are underway and will enhance the value of your membership of BOMSS and will also act as a resource for our patients, allied health colleagues and the general public. We are currently finalising the development of a GP Hub resource area on the website, which will be launched at the ASM 2023.



Ahmed Ahmed
Treasurer, BOMSS Council of Management

NATIONAL BARIATRIC SURGERY REGISTRY (NBSR) COMMITTEE REPORT

Kamal Mahawar - NBSR Committee Chair

I took over as the chair of the National Bariatric Surgery Registry (NBSR) in June 2022 and this is my first report to the council and members in this role. Over the years, Richard Welbourn and then Peter Small have established NBSR as a force for data driven development in the field of bariatric and metabolic surgery and it can only be described as a huge honour to be asked to continue this work. I have to at the outset confess that the task was far more complex than I had initially imagined!

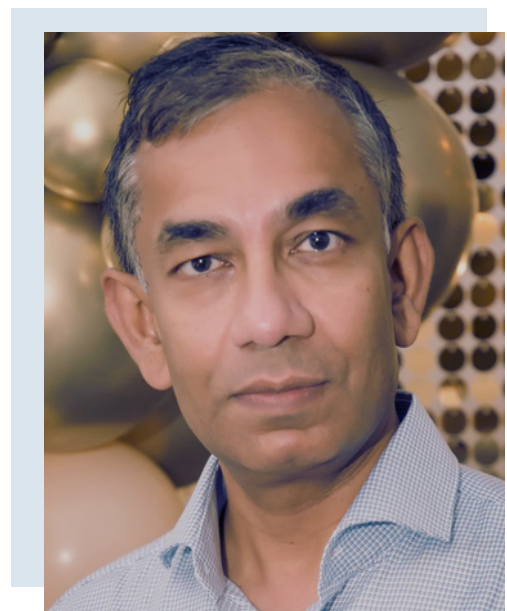
Amongst the very first things, the NBSR committee decided to form several subcommittees to focus on various tasks. A total of seven subcommittees were formed – each with a designated lead – as follows.

1. Audit Subcommittee – led by Mr. Waleed Al-Khyatt
2. Reports Subcommittee – led by Mr. Andrew Currie
3. Revenue Subcommittee – led by Mr. Chris Pring
4. Version 3 Subcommittee – led by Mr. Michael Glaysher
5. PPI Involvement Subcommittee – led by Mr. Paul Chesworth
6. Research Subcommittee – led by Prof. Alex Miras
7. Quality Improvement Subcommittee – led by Mr. Richard Welbourn.

In addition, the committee agreed that we will take help from outside for various tasks as needed and that led to inclusion of four external advisors - Miss Emma McGlone to help and advise on revenue generation, Mr. Omar Khan to advise on privacy notice and work with PHIN, Mr. Oliver Old to help with CAG application, and Dr. Arut Vijayaraman to advise on work with Integrated Care Systems. Please find a report from each of these areas within the next few pages..



Kamal Mahawar
Chair, National Bariatric Surgery Registry
On behalf of NBSR Committee and External Advisors





Version 3 Subcommittee Report

Subcommittee Lead - Michael Glaysher

Version 2 of NBSR captures essential data for primary and revisional metabolic procedures taking place across the United Kingdom, which has formed the basis for three informative registry reports. When version 2 was launched in 2017, the following amendments were made: (1) Addition of new procedures, (2) paediatric/adolescent surgical fields, (3) QoL assessment, (4) addition of NHS numbers, (5) publishing the names of the hospitals whose total patient records were >10% fewer than they should be according to HES, (6) addition of the percentage of initial patient records that are 'green for complete', and (7) sub-division of revision surgery into major and minor, so as to highlight the work of those who take on higher risk major revisions. Since the launch of version 2, it has been noted that several essential data fields are missing and the functionality of the database may require modification. A third version of the registry aims to address this.

We seek to identify current omissions from and limitations to the current version of the national bariatric surgery registry. These findings will then be incorporated into the design, testing and final launch of version 3. This version seeks to be a user-friendly interface that enhances primary case ascertainment and gathers comprehensive, meaningful data from primary and revisional metabolic procedures across the UK. Particular focus will be on redesigning data fields that would improve the collection of re-admission, complication and correctional surgery data, which links easily to the primary bariatric procedure.



Reports Subcommittee Report

Subcommittee Lead - Andrew Currie

The Reports subcommittee has been focussed on the delivery of the Annual Consultant Outcomes Publication (COP) since the last ASM. This annual report allows us, uniquely for a national bariatric surgery registry, to place procedure and outcomes information into the public domain. The 21/22 report has been published and we are hopeful that the 22/23 report will be published by the time we meet in Birmingham. For the first time this year, we have contributed to the new aggregated data IFSO registry to demonstrate how UK bariatric-metabolic surgery compares to our international counterparts. We have been able to respond to individual contributors and Trust quality assurance teams to provide timely responses regarding data entry questions and we are always open to questions, suggestions and concerns via info@bomss.org. We are reviewing the core data entry items to ensure we are reporting what is meaningful for you, as our highly valued contributors, but also for people with obesity who can look to the NBSR data when considering place and person for their bariatric-metabolic surgery.

We want to thank you for your excellent engagement with the NBSR again this year, as with your valued contribution and data entry we can continue to make the NBSR one of the world's leading bariatric surgery registries.



CAG Report

External Advisor - Oliver Old

Clinical Outcomes Publication (COP) is an NHS England initiative that aims to publish quality measures at the level of individual consultant, team and unit level. This programme is managed by the Healthcare Quality Improvement Partnership (HQIP). NBSR works with HQIP to ensure our data on outcomes from Bariatric surgery form part of this key publication series. We also submit an annual review to the Confidentiality Advisory Group (CAG) to comply with regulatory requirements for holding patient data..



Research Subcommittee Report

Subcommittee Lead - Alex Miras

The research subcommittee is awaiting approval by CAG to perform research using the NBSR. Mr Oliver Old has kindly agreed to request this.

Please see the most recent publications from NBSR Data:

[Clinical characteristics of patients undergoing primary bariatric surgery in the United Kingdom based on the National Bariatric Surgery Registry.](#)

Bolckmans R, Askari A, Currie A, Ahmed AR, Batterham RL, Byrne J, Hopkins J, Khan OA, Mahawar K, **Miras AD**, Pring CM, Small PK, Welbourn R. Clin Obes. 2023 Feb 21:e12585. doi: 10.1111/cob.12585. Online ahead of print. PMID: 36807508

[Bariatric-metabolic surgery for NHS patients with type 2 diabetes in the United Kingdom National Bariatric Surgery Registry.](#)

Currie A, Bolckmans R, Askari A, Byrne J, Ahmed AR, Batterham RL, Mahawar K, **Miras AD**, Pring CM, Small PK, Welbourn R. Diabet Med. 2023 Jan 17:e15041. doi: 10.1111/dme.15041. Online ahead of print. PMID: 36648127



Audit Subcommittee Report

Subcommittee Lead - Waleed Al-Khyatt

NBSR is probably the most reliable source of data on Bariatric and Metabolic Surgery (BMS) in the United Kingdom (UK). It is also an excellent data source for auditing practices and outcomes of BMS in the UK. On behalf of the NBSR committee, we are pleased to announce a new policy for audits using NBSR data. Audit proposers will find the following documents useful.

1. NBSR Data Policy
2. NBSR Data Audit Proposal Form
3. NBSR Memorandum of Understanding

[Click here](#) to access these documents. Please contact BOMSS Secretariat at info@bomss.org should you need any further information.



Public and Patient Involvement (PPI) Subcommittee Report

Subcommittee Lead - Paul Chesworth

We were tasked to develop a PPI policy document to provide guidance for the societies health care professionals, patients and the public when working together to improve people's health.

The complete detailed policy document has now been submitted to the NBSR committee for approval. Below is the proposed foundation areas that we have agreed would provide a solid foundation to build on moving forward.

Introduction

- BOMSS - PPI Commitment statement
- What is public and patient involvement?

BOMSS/NBSR expectations for involvement

- Application and informal discussion

Role of PPI representatives in NBSR audit and research

- Time commitment
- Format of meetings
- Provide a lay persons view
- Representation for NBSR
- Media requests
- Attendance at conferences
- Surveys
- Reviews of report content
- Support health gains
- Confidentiality

Aims and outcomes of public and patient involvement

- Partnership
- Co-production/collaboration with other charities and organisations
- Provision/sharing understanding for all levels
- Highlighting education requirements for both patients and healthcare professionals
- Support all BOMSS committees

Tenure on the NBSR committee

- Tenure
- Diversity and inclusion

Training

- Committee chair provide guidance on the policy requirements
- Buddy support from existing reps
- Attendance of external public patient advocacy training events
- Signposting to trusted sources of information to support learning

Remuneration

- Reimbursement of reasonable incurred expenses of PPI members
- PPI involvement payments

EDUCATION REPORT

Sherif Awad - Professional Education Lead

BOMSS had a great year following on from the success of the 2022 ASM in Brighton. Plenty of educational activities for the benefit of multidisciplinary colleagues involved in managing patients with obesity and trainees with interest in metabolic and bariatric surgery. BOMSS' free educational webinars (supported by our corporate sponsors) allow colleagues from the UK and internationally to network and maintain their CPD. Since inception in January 2021, BOMSS has delivered **51 educational webinars** with **over 7000 registrations** (an average 138 registrations per webinar). A huge amount of effort goes into organising and running these webinars. Thank you to all our previous speakers, my colleagues for helping chair these sessions and to Matt from EBS for his huge 'behind the scenes effort'.

The monthly Educational Journal Club Webinars (on the 2nd Wednesday of each month at 8pm) discuss relevant up to date publications in the field of Obesity. The Journal Clubs are hosted by multidisciplinary members of different Bariatric Centres around the UK with the aim of showcasing MDT members from different Bariatric Centres. Two papers are discussed - an IHP paper and a surgical/medical paper. Roxanna Zakeri (BOMSS Trainee Rep) has done a great job with scheduling these journal clubs – thank you again Roxanna. A huge thank you also to the units who have participated to date. We look forward to those due to present in the coming months. If you would like your Unit to participate in a Journal Club please email info@bomss.org.

The monthly Educational Webinars (on the 4th Wednesday of each month at 8pm) are delivered by eminent International and National Speakers with a Q&A at the end of each presentation to allow attendee participation. Again we would like to thank our guest speakers and sponsors for participating in these high quality Educational Webinars. If you have suggestions on topics or speakers please email me via info@bomss.org.

BOMSS has endorsed numerous industry-supported and stand-alone bariatric trainee courses with cadaveric, hands on operating and robotic elements which provide excellent opportunities for our trainees. BOMSS continues to advise and approve Royal College of Surgeons of England Accredited Bariatric Surgery Training Fellowships in the UK.



EDUCATION REPORT

We will, in due course, set up a register of units in the UK that offer or would like to offer Bariatric Training Fellowships. This will make it easier for trainees to engage with trainers and further their bariatric surgery career aspirations (I will send out a survey on this soon).

I look forward to working with the IHP educational lead in ensuring BOMSS delivers first-class educational content/activities of interest to all members of the MDT.

I look forward to seeing and meeting you at the BOMSS ASM in Birmingham. If you have any educational ideas you would like BOMSS to pursue please feel free to email me via info@bomss.org.



Sherif Awad

Professional Educational Lead and Trustee, BOMSS Council

Consultant Upper GI, Obesity and Laparoscopic Surgeon, East Midlands Bariatric and Metabolic Institute (EMBMI), Royal Derby Hospital, Derby.



INTEGRATED HEALTH PROFESSIONAL (IHP) REPORT

Sally Abbott, Dr Helen Parretti and Dr Emma Shuttlewood - IHP Council Members

Introduction

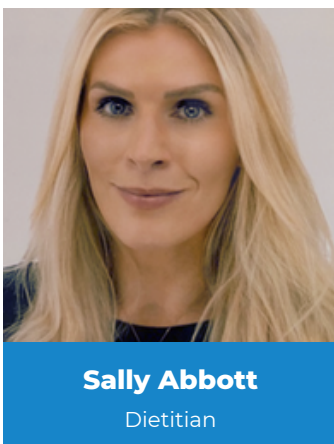
We have now been IHP representatives for 2.5 years and continue to feel inspired and honoured to work within a bariatric society that values and embraces a true MDT approach.

We are very pleased that IHP membership is expanding, and we currently have 200 IHP members within BOMSS, an increase from the 158 IHP members previously. We are delighted to share here a taster of the fruits of our labour and the exciting opportunities still to come.

IHP Training Programme (in conjunction with Ethicon)

We have continued our work with Ethicon to provide further IHP training and, following feedback from our survey, we hosted our first in-person IHP collaborative event for BOMSS IHP members in October 2022, which was free to attend. In addition to stimulating MDT discussions, four IHP members were chosen from submitted abstracts to present on innovations in their clinical practice. These detailed how different professional groups are improving services for people living with obesity and each won registration to attend BOMSS training day/ASM in 2023. We would like to congratulate all four presenters again and thank them for their excellent contributions:

- First prize went to Dr Mark Loveder (Clinical Psychologist in Coventry)
- With runners up Lindsay Parry (Dietitian in Derby), Katie Pattinson (Physiotherapist in Derby) and Jeremy Gilbert (Consultant Nurse in Truro)



INTEGRATED HEALTHCARE PROFESSIONAL (IHP) REPORT

Training Day & Annual Scientific Meeting (ASM) 2023

We hope to see many of our IHP members joining us for the training day on the 5th June followed by the ASM on 6th - 7th June in Birmingham. We sit on the organising committee for both the training day and ASM, to ensure the programme meets the training needs and interests of our BOMSS IHP members. We were delighted to see the number of abstracts submitted by IHPs has risen from 18 in 2022 to 41 this year. Please continue to share your thoughts on ways to improve these events and offers to present and chair sessions are always welcome!

Journal Club Support

Hopefully many of you have attended the monthly BOMSS journal club, which features one surgical and one IHP focused paper each month. We have found the discussions around the papers to be really thought provoking for our clinical practice. These are an excellent opportunity for regular CPD for IHPs, shaping our skills in critiquing research which in turn can benefit our clinical practice.

If you are interested in co-chairing a BOMSS journal club this year, please email info@bomss.org or tweet us to express your interest. We would really welcome BOMSS IHP members onto the journal club panel.

Exciting developments for IHPs in BOMSS

You will have noticed that there has been a new position for an IHP member on council recently advertised (IHP co-chair for patient safety committee) and there are more to come. Look out for the emails and please contact us if you would like further information.

Following on from the webinar on "Is it time to throw out the scales?", Sally led the development of a paper from the results of the surveys and whiteboard used during the webinar. [The paper](#) has now been published in a high impact journal eClinicalMedicine and led to the [BOMSS statement on weight stigma](#) being published. Watch out for Sally's upcoming podcast on the paper!

Lastly, a working group of IHPs have developed a suite of six documents to support GP in managing patients who have had bariatric surgery, including a GP version of the 2020 BOMSS nutritional guidance. These will soon be available on the [BOMSS webpages](#).

We welcome feedback, suggestions and comments on these developments so please do not hesitate to get in touch via info@bomss.org or reach out to us individually on Twitter.

@sallyabbottRD
@helen_parretti
@ShuttlewoodEmma

EQUALITY, DIVERSITY AND INCLUSIVITY (EDI) REPORT

Aya Musbahi - EDI Lead

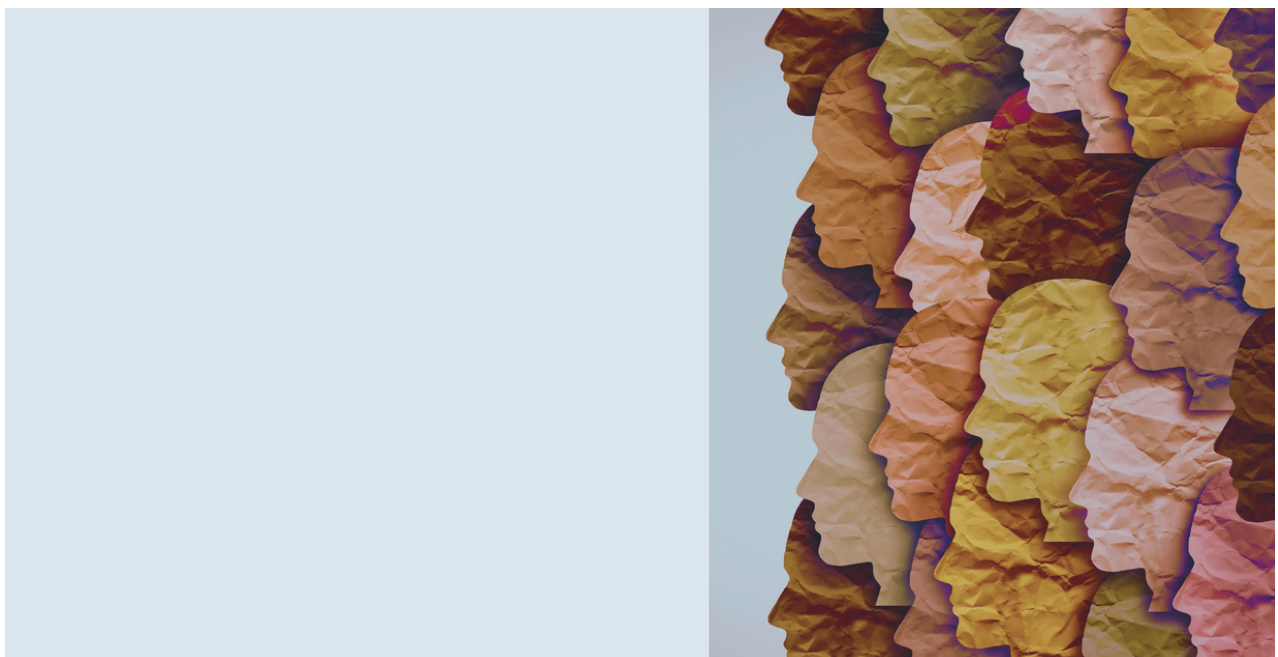
This year has been the first year a dedicated equality, diversity and inclusion representative has been voted into council and it has been my pleasure to serve on the council so far. We have commenced by undertaking a scoping exercise, and disseminating a membership survey to find out the demographic representation as well as gather information regarding the lived experience of BOMSS members regarding equality, equity, inclusion and diversity.

We aim to have responses from at least 80 percent of the membership and will use this as a basis to tailor events aimed at promoting allyship and mentorship moving forward. Results of the membership-wide survey will be presented at BOMSS 2023 and I look forward to hearing from everyone.

Last year, the NIHR had identified equality and diversity research as one of its key research aims, and it has been my goal to try and look at themes of diversity bias in research. We have created a small research subgroup tasked with looking at diversity bias in obesity research including female, male first and last authorship, funding of research, country of origin, citations and research indices. Over 5,000 papers were reviewed over the last five years with some interesting findings. We aim to publish the results of this later in the year and host a webinar with regards to diversity bias in obesity research.

This year has mainly been trying to find my feet with regards to delivering an EDI agenda and I hope I can continue to serve the membership to the best of my ability. Please feel free to email me further ideas at aya.musbahil@nhs.net.

Aya Musbahi
EDI Lead



TRAINEE REPORT

Roxanna Zakeri - Trainee Representative

It has been a busy year for bariatric training with the BOMSS trainee membership growing ever stronger. We had a brilliantly successful surgical skills workshop at the BOMSS 2022 ASM Training Day in Brighton, hosted by Will Hawkins and his team at St Richard's Hospital. Thanks to immense support from our industry sponsors, we had a wealth of simulation, dry lab and wet lab stations incorporating stapling, suturing, and energy devices. Delegates ranged from final year medical student to post-CCT fellow with a range of tasks to suit all.

Our collaboration with industry and leading UK units also led to the design of several hands-on training courses to help bridge the training gap in bariatric surgery.

- The inaugural GORE-BOMSS Fellow Programme for senior trainees started in December 2022 with the Sleeve Gastrectomy Masterclass at University College Hospital, London. Successful applicants attended in-theatre tutorials with cases covering a range of sleeve and hiatal repair techniques. Part 2 took place in March 2023 with a trainee-dedicated series of tutorials covering technical options and complications across the range of bariatric procedures, career advice and ample networking opportunities during and after the course. Fellows were provided the opportunity to attend the GORE annual conference with international experts and fortunate to be hosted at the gala dinner and provided accommodation. Feedback was excellent and we hope to run the programme again next year.



TRAINEE REPORT

Roxanna Zakeri - Trainee Representative

- J&J Bariatric Training Pathway remained as popular as ever this year with successful applicants attending a programme of lectures, cadaveric training and live operating hosted by the Luton & Dunstable team and faculty from across the UK. This holistic course provides the foundation in non-technical and technical skills for senior trainees prior to launching as a bariatric consultant.
- Medtronic are working with us to develop a bariatric skills programme for more junior trainees, aiming to have satellite sessions across the UK and a flagship session at the new Griffin Institute. Immense support was provided for the ASM training days and the upcoming session at BOMSS 2023 will focus greatly on developing fundamental dissection and haemostasis techniques for trainees new to the field.
- Apollo Endosurgery have continued supporting education in endoscopic bariatric procedures and invited trainees to attend the Orbera365 Virtual Centre of Excellence for training on intragastric balloon indications, techniques and application to NAFLD. The first Endobariatrics course for trainees was also held at Southampton in September 2023 with leaders in the field teaching endoscopic suturing using the Overstitch device. Trainees had the chance to apply this technique to Endoscopic Sleeve Gastroplasty, Transoral Outlet Reduction and stent fixation in a wet lab setting.
- The team at Portsmouth held their first cadaveric bariatric surgery course for trainees in March 2023 with two days of lectures and laparoscopic cadaveric operating covering all key aspects of bariatric surgical practice.



TRAINEE REPORT

Roxanna Zakeri - Trainee Representative

We continue to work closely with the Roux Group and held an engaging session at the Roux training weekend in March 2023 covering the future of robotics in bariatrics, emerging endobariatric technologies, indications for revision surgery, and the issues faced by surgical tourism. Feedback was excellent and we continue to have a strong voice within the Upper GI Surgery trainee community.

Establishing collaborative trainee research has also been a priority and we are pleased to now be launching the first trainee-led studies on emergency bariatric surgery, NEBSA and EMBARC. These exciting studies will answer a series of important questions about the delivery of emergency bariatric care across the country and provide invaluable data to guide national policy, so please do register your interest and encourage your peers to join us! Look out for more research opportunities soon – we are looking for the next batch of trainee research leaders to run national multicentre studies.

Increasing the bariatric surgery content of MRCS and FRCS curricula has been an ongoing campaign from BOMSS and we are fortunate to have had increased influence at the Royal College of Surgeons table to help boost awareness of our growing specialty. The global training study conducted by Young IFSO also included UK training pathways and will be published soon. This will help to promote our need for greater exposure to bariatrics earlier on in surgical training careers to ultimately match global opportunities and expectations.

Finally, it is now the 3rd year of our BOMSS Journal Club series. Each month, trainee enthusiasm to present important recent publications has been boundless and I thank you all for helping to ensure we have had trainee representation at every session since January 2021! The series continues to attract a large audience and will rotate around the country so if you would like to present a session from your unit – perhaps you have a new paper you'd like to advertise or are interested in practising critical analysis for exams – then please do get in touch.

Thank you all so much for all your feedback and participation in trainee events this year. It has been my absolute privilege and pleasure to represent my peers' education and career needs to BOMSS Council over the past couple of years. I hope you feel that access to bariatric training has improved and to have enthused many more to pursue a career in this fantastic and ever-developing specialty. Elections for the next trainee representative will take place in June 2023 so the ASM presents the perfect opportunity for those interested in the role to begin the campaign trail!



Roxanna Zakeri
Trainee Representative, BOMSS Council

RESEARCH REPORT

Dimitri Pournaras, Roxanna Zakeri, Sally Abbott and Yitka Graham - BOMSS Council Members

The BOMSS research team expanded further this year with the appointment of Roxanna Zakeri as the Associate Surgical Specialty Lead, assisting Dimitri Pournaras (RCSEng-BOMSS SSL) in developing research capability and capacity in the UK.

Establishing research collaboratives has been a priority and we now have active Dietetic and Trainee networks, with Psychology and other discipline groups in the pipeline.

The BARI-DIET collaborative led by Sally Abbott has paved the way and designed, executed and published their first study in an impressively short timeframe. The study is a national, multicentre audit examining variation and effectiveness of liver-reducing diets prior to bariatric surgery. The paper is available open access published in SOARD and you can read it [here](#). The next BARI-DIET study led by Guy Holt will examine fidelity in clinical practice to BOMSS (2020) nutritional guidelines, and will also assess the impact of remote delivery of care during COVID-19 on patients' uptake of nutritional blood tests. This study is now recruiting sites to submit their data, so please contact Guy via email (guy.holt@nhs.net) if interested to join. Both BARI-DIET studies have been funded by research grants from the British Dietetic Association Obesity Specialist Group.

The first trainee-led national collaborative studies in bariatrics are now launching. The National Emergency Bariatric Surgery Audit (NEBSA) and Emergency Bariatric Surgery in the COVID pandemic (EMBARC) studies will focus on the management of bariatric emergencies in the UK, aiming to guide policy updates to longstanding BOMSS guidelines. NEBSA is a prospective cross-sectional study examining the clinical management of post-bariatric procedure emergencies, addressing clinical and financial implications particularly in light of increasing bariatric tourism. Further details and registration information can be found by contacting nebsa@bedsft.nhs.uk or on Twitter @nebsa2023. EMBARC study investigates regional pathways for specialist referral of bariatric emergencies and explores clinician attitudes and expectations for optimal management pathways in this field. Funding was successfully obtained in the RCSEng Winter Appeal and further details will be launched soon. Successful funding bids also included a RCSEng COVID Recovery grant to investigate the role of pharmacotherapy in the optimisation of patients with obesity on elective General Surgery waiting lists, led by the University of Bristol.

A qualitative study into exploring the development of a long-term follow up service for bariatric patients in community settings was undertaken in Sunderland and has been published open access [here](#). The research team based at the University of Sunderland are taking this work forward in collaboration with General Practice colleagues and patients.

RESEARCH REPORT

The PROMISE CARE study has been funded by a NIHR programme development grant and is led by Helen Parretti, with Emma Shuttlewood also a member of the research team. PROMISE CARE aims to gain a comprehensive understanding of the issues around the delivery of long-term care after bariatric surgery to inform the subsequent development and testing of an intervention or package care. It involves interviews with UK specialist weight management and primary care healthcare professionals, followed by a series of online workshops with patients, healthcare professionals and commissioners. The study is currently recruiting for the interviews, and information on taking part can be found [here](#) or you can email the team at promise.care@uea.ac.uk.

BOMSS continues to support audits and research run by its members. The research team are happy to be contacted for support with study design, funding applications, centre recruitment, and results dissemination. Contact us at research@bomss.org or please do come and chat to us at the ASM.

Finally, we will be hosting a launch day for the BOMSS trainee research collaborative at the Royal College of Surgeons of England in the coming months, including sandpit sessions to pitch ideas, study development sessions with expert faculty to advise, inspirational talks from hugely successful trainee-led collaboratives, and BOMSS/SSL support moving forwards for establishing study networks. We look forward to seeing many of you there.

Dimitri Pournaras – RCSEng-BOMSS Surgical Specialty Lead

Roxanna Zakeri – RCSEng-BOMSS Associate Surgical Specialty Lead

Sally Abbott – Dietetic Research Lead

Yitka Graham – Research Lead



Dimitri Pournaras

RCSEng-BOMSS Surgical
Speciality Lead



Roxanna Zakeri

RCSEng-BOMSS Associate
Surgical Speciality Lead



Yitka Graham

Research Lead



Sally Abbott

Dietetic Research Lead

PATIENT SAFETY COMMITTEE REPORT

Omar Khan and Chris Pring - Co-Chairs

The Patient Safety Committee (PSC) was originally set up two years ago under the chairmanship of Kamal Mahawar. Since then it has evolved and expanded to undertake a number of projects including publication of an analysis of national clinical incidents related to bariatric surgery; dissemination of information on relevant patient alerts; and developing a process of learning from mortality related to bariatric surgery.

Kamal has now taken on the role of chair of the NBSR and has therefore demitted his role as PSC chair. We would like to thank Kamal for his leadership over the last two years in establishing this committee as an important part of the BOMSS mission.

Since the appointment of two new co-chairs we have taken the opportunity in discussion with the BOMSS council to refine and develop the remit and purpose of the committee to address four related streams of activity:

1. Review of mortality and any unexpected ICU admission (as notified by NBSR or as notified by clinicians requesting support in their own case reviews) with a view to disseminating points of learning
2. Review of clinical incidents and clinical alerts related to bariatric surgery from various bodies
3. Maintain up-to-date guidance on professional standards according to evolving evidence
4. Contribute to research and publications related to Patients Safety

In order to help with this expanded remit, we have renamed our body 'The Patient Safety and Professional Standards' Committee and have recently welcomed Dee Wainwright as our IHP Co-chair. We are in the process of reappointing committee members and we welcome all members with an interest in this area and a bit of time to consider taking on a role with us.

Omar Khan and Chris Pring



Omar Khan
Patient Safety Co-Chair



Chris Pring
Patient Safety Co-Chair

ACKNOWLEDGEMENTS

Corporate Partners 2023

BOMSS would like to thank our corporate partners for their continued support of our activities and events:

Medtronic



ETHICON
a Johnson & Johnson company



Annual Scientific Meeting Sponsors 2023

BOMSS would like to thank the below sponsors for their support of the BOMSS Annual Scientific Meeting 2023:

AON
Apollo Endosurgery
Bowa Medical UK
Celebrate Vitamins Europe B.V
CJ Medical
Elemental Healthcare Ltd/Surgical Innovations
Fit For Me
Healthcare 21
Implantica Trading AG
InBody UK Ltd
Ethicon Johnson and Johnson
Karl Storz
Kora Healthcare
Lawmed
Medical-Up / Reshape Lifesciences
Medtronic
Rhythm Pharmaceuticals
Synectics Medical Ltd (TA Synmed)
W L Gore



BOMSS YEARBOOK 2023