

BOMSS Training Day Monday 3<sup>rd</sup> June 2024

Time	Session	Speaker		
Chairs: Aya Musbahi and Ness Osborne				
09:00 – 09:15	Welcome  Harwood Suite	Miss Aya Musbahi		
09:15 – 10.00	How to Win Friends and Influence People as a Bariatric Unit- ICBs, funding and Commissioning  Harwood Suite	Mr Will Smith		
10.00 – 10.15	Coffee Break			
Session 1				
10:15 – 10:45	The latest in obesity pharmacotherapy - what the MDT needs to know  Harwood Suite	Dr Nimantha De Alwis		
10:45 – 11:15	Al applications in bariatric surgery & the future  Harwood Suite	Prof Sheraz Markar		
Chairs: Ken Clare (PPIE lead), Katarina Burton (Specialist Dietitian), Debbie Musendeki (Bariatric Nurse Specialist)				
11:15 – 11:30	Bariatric tourism case & role of PCN in management  Harwood Suite	Lisa Bruce		
Chairs: Ken Clare (PPIE lead), Debbie Musendeki (Bariatric Nurse Specialist), Ness Osborne (Specialist Dietitian)				
11:30 – 12:00	Public Heath Approach to Bariatric Tourism  Harwood Suite	Katarina Burton		
12:00 – 12:30	Stamping out bullying and undermining in multidisciplinary teams  Harwood Suite	Miss Alice Hartley MBE		
12:30 – 13:15	Lunch			
Session 2				
13:15 – 14:00	Trainee experience presentations from Ja	fiss Vasha Kaur, Bassem Amr, Yamen abri, Ravi Aggarwal, Osamah Niaz, hazi Ismael		

14.00 – 15:15	Session 3: IHP breakout session Chairs: Ness Osborne (Specialist Dietitian), Ken Clare (PPIE lead), Naiara Fernandez-Munoz (Bariatric Nurse Specialist)  Physical activity for pre-op and post-op patients with practical demonstrations— Speakers Dr Will Evans, Ms Jenny Roberts, Dr Lisa Board  Understanding and Working with Feelings of Failure and Shame- Dr Emma Suttlewood and Ms Caoimhe Forbes  Harwood Suite	14:00 – 15:30	Session 4: Surgical trainee breakout session  Facilitators: Mr Sam Dresner, Mr Bussa Gopinath, Ms Rupa Sarkar, Mr Arin Saha + fellows  Sponsors: J&J Ethicon, Medtronic, Karl Storz  Ripley Suite
15:15 – 15:30	IHP Breakout Coffee Break	15:30 - 15:45	Surgical Trainee Breakout Coffee Break
15:30 – 17:00	Asking the right research question- A whistlestop tour Professor Jane Blazeby, Dr Karen Coulman and Dr Sally Abott  Living with severe obesity is associated with physical, social and mental health problems. Health professionals of all types are needed to address these multiple challenges and deliver high quality care that benefits patients. Undertaking research that answers important questions is an important activity required by all. Currently there is a lack of research in the NHS led by allied health professionals. Developing the right research question is one of the important steps needed to inform research. The overall learning objective of this training is to inspire and equip AHPs to develop research questions and to provide guidance in how to develop these further. It will cover these points  1. The importance of high quality research question 2. What a research question is (a PICO) 3. How to develop a PICO 4. How to include patients and the public in developing research questions 5. How to use qualitative research methods to design a research question 6. How to develop a PICO into a funding application In addition to short talks, there will be opportunities for group work to design and present PICOs and gain feedback  Agenda 90 mins  1. Introduction and welcome (JB) 2. Why is research important and what is a PICO (JB) 3. How to develop a PICO (JB) 4. Group work to develop a PICO 5. Including patients and the public in designing research questions (KC) 6. Qualitative methods to inform research questions	17:00	Session 4 continued: Surgical trainee breakout session  Ripley Suite
	<ul><li>7. Group presentation of PICOs</li><li>8. Summary, next steps (JB)</li><li>Harwood Suite</li></ul>		